

Remote Learning Guidelines for Students & Parents

Guiding Principles

We are committed to continuing teaching and learning for the students of Catholic Regional College Caroline Springs through Term 3, under a Remote Learning Environment.

Students Expectations

Your responsibilities during remote learning are to:

- Log in to SEQTA to begin the day (8.45am)
- Join Teams meeting for Homeroom
- Check SEQTA notifications at the start of each day
- Check and respond to *direct messages* at the start of each lesson
- Follow your usual timetable when completing work and communicating with your teacher
- Ensure you complete all assigned tasks with integrity and honesty (see Academic Integrity Policy)
- · Do your best to meet timelines, commitments and due dates
- Log out of SEQTA at the end of the day (3.15pm)

Remote Learning Attendance (Check In) Procedures – Student Advice

All students will have their attendance (timely check in) recorded during scheduled homeroom and subject classes everyday.

- Homeroom teachers will take your attendance when you join the Teams Meeting
- Subject teachers will direct message their class with:
 - "Hello. Reply to this message with "PRESENT", within the first 10 minutes of the lesson'
 You need to reply with "PRESENT" as soon as possible within the first 5 minutes
- Students will have a maximum of 10 minutes to respond as present, before they will be marked as absent. This process is a record of your ability to check in by the required time, hence if you are late in replying, your attendance will be marked as absent. This will not be overridden by your teacher.
- Teachers may follow up any absences (i.e. late or no check in) from remote learning classes and notify your parents.
- Parents are required to check SEQTA Engage daily to monitor their child's check in habits. Parents are
 encouraged to discuss absence inconsistencies with their child (see Parent Advice, at the end of this document).

In the event you are unwell, parents are required to call the College as per usual and notify reception that their child is unwell. This will be recorded on SEQTA accordingly.

Setting up a Learning Environment

It is important to find a quiet and comfortable learning space. You may have a regular place for doing homework under normal circumstances, but this space may not be suitable for an extended period of time. Where possible remote learning should take place in a space your family shares. For example, a lounge room or dinning room.

- Ensure the workspace has plenty of light, a comfortable chair and space for your device
- Set up your work station in public space not a bedroom

Remote Learning General Procedures

Students will be supported by teachers by:

- providing learning activities, textbook activities and assessment tasks which would usually be completed at school
- making available (through SEQTA) any text based and web-based materials, required for work and assessments
- adapting tasks and assessments/assessment timelines
- regularly checking SEQTA during the period of closure, being available during their regular timetabled classes to respond to any queries

N.B. Year 10 students undertaking, VCE and VET classes at CRC Sydenham – should refer to *CRC Sydenham College Protocols in response to a contagion outbreak such as coronavirus.*

Communicating with Students During Remote Learning

Continuing open communication during remote learning allows students to clarify instructions, ask questions and receive feedback. Communication with students could be through:

- SEQTA Forums (class level or year level)
- use of Edpuzzle tutorials
- SEQTA direct message
- MS Teams

Please note

Students should adhere to their school timetable during this time (i.e. focus on Maths, Period 1 and 2 if that is what would have been undertaken on a regular school day)

Email and SEQTA direct message communication between students and teachers will only occur during the regular school hours of 8:30am and 3:45pm.

Student Health and Wellbeing

Students are encouraged to adopt positive wellbeing strategies while studying at home.

This could include:

- Maintain a regular sleep routine, set alarms as if you were getting up for school
- Develop a routine as if you were attending school in person
- Take regular breaks be sure to stretch and move
- · Eat healthy meals and take snack breaks
- Plan some downtime each day

Continuous Learning Principles for Learners

CONTINUOUS LEARNING PRINCIPLES FOR LEARNERS* SENSE MAKING **SELF-REGULATION ADD VALUE OWNERSHIP** Sometimes words, phrases, in-jokes Check in regularly with teachers to Our home is an extension of our Develop ways to self-regulate and and even memes can be taken out make sense of our learning and continuous learning space and balance our time between online and offline, being conscious of our of context when delivered online. recognise that our home space and progression. perhaps even our attire need to wellbeing needs and encourage When engaging with learning Don't be afraid to ask questions reflect our positive learning attitude. others to do so as well. together always take the and reach out for assistance when opportunity to add value to the clarity is needed. Always respect the time that we are Stay hydrated and fuelled, and always look for opportunities to collaboration with each other, in scheduled to learn together by new and respectful ways. include mindfulness, physical Use home resources in creative and managing our time to be online, in sustainable ways to enhance our order to reflect our ownership of activities, movement and brain Always be inclusive of all learners learning encounter. our individual and collective growth breaks regularly throughout our and use the online forums to invite and achievement. Always think before we post and input of others, being conscious to include those who might not be allow time for our classmates and We uphold the values of our school Remain connected with teachers, online at the same time. teacher to respond. community by understanding all pastoral leaders, learning mentors appropriate ICT use and and support staff to maintain our interactions. overall mental and physical wellness.

Wellbeing Leadership Team Support

The Wellbeing Leadership Team will be available during the usual hours of 8:30am to 3:45pm via direqt message, email and Outlook. Please be mindful that a response will not always be immediate. Year Level Leaders may make individual appointment times with students, which will be communicated via their SEQTA timetable. This will be in the form of communication via *direqt message* and is an opportunity to check in on general wellbeing and academic progress. The Counselling Team will also be doing similarly.

If the matter is urgent, we request that you seek immediate assistance from one of the following organisations:

- Police, Fire Brigade and Ambulance 000 (You can also seek advice from your local Proactive Policing Unit Caroline Springs 9361 4700)
- Nurse on Call 1300 60 60 24
- Child and Adolescent Mental Health Service 1800 445 511
- Kids Help Line 1800 55 1800 www.kidshelpline.com.au

^{*}Adapted from Camberwell Girls Grammar School and Marcellin College, two independent schools located in Melbourne, Victoria.

How can Parents support their children?

- Check SEQTA Engage at the end of every school day to ensure your child has met the check in requirements for each lesson.
- As far as possible, assist students in maintaining the usual school routine
- Discuss online safety with your children
- · Headphones can be used if several siblings are studying together
- Monitor communications via email and diregt message
- Encourage regular breaks from computer screen time
- Encourage physical activity, mindfulness and relaxation
- Monitor how much time your children are spending online, outside of class time

CONTINUOUS LEARNING PRINCIPLES FOR PARENTS

PROMOTE WELLNESS ABOVE ALL

Support your child in developing ways to self-regulate and balance time between online and offline, being conscious of their individual wellbeing needs.

Encourage good hydration habits, and always look for opportunities to include mindfulness, physical activities and brain breaks regularly throughout their day.

Encourage your child to remain connected with teachers, pastoral leaders, learning mentors and support staff etc to maintain their overall mental and physical wellness.

ESTABLISH WORKABLE ROUTINES

From the first day, you will need to establish routines and expectations. Begin and end each day by checking in with your child on their learning from day one.

Your child would benefit from a designated workspace, that is tidy and with limited distractions. Try to create a quiet and comfortable learning space, that has a strong wireless internet signal.

Encourage your child to selfmanage learning timelines and due dates. Regularly check in with your child to help manage stress and social media use.

BUILD CONSTRUCTIVE RELATIONSHIPS

Talk to your whole family about what is happening. Understanding the situation will reduce your child's anxiety. Consider setting up some simple, fun activities the entire family can be involved in.

Encourage your child to complete all tasks with integrity and academic honesty, doing their best work. And they should use home resources in creative and sustainable ways to enhance their learning encounter.

Don't be afraid to communicate with teachers if you have any questions and reach out for assistance when clarity is needed.

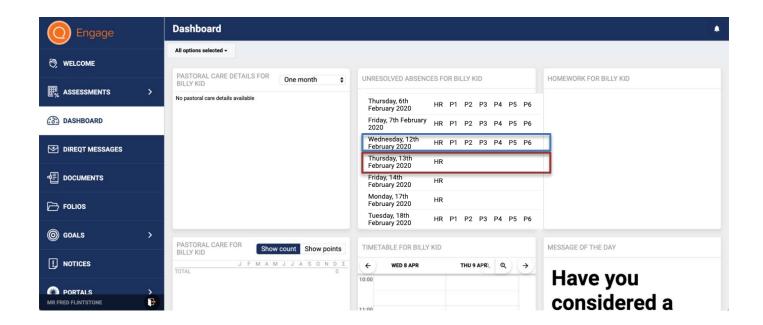
MODEL DIGITAL CITIZENSHIP

Sometimes words, phrases, in-jokes and even memes can be taken out of context when delivered online.

When your child is engaging with continuous learning online encourage them to always take the opportunity to add value to the collaboration with each other, in new and respectful ways.

Encourage your child to always be inclusive of all learners and use the online forums to invite input of others, respecting responsible and safe ICT use and being conscious to include those who might not be online at the same time.

Remote Learning Attendance (Check In) Procedures – Parent Advice



- 1. Login to SEQTA Engage
- 2. Click into "Dashboard"
- 3. View "Unresolved Absences" to determine how many "check in" were not recorded for your child/children
- 4. Only the missed (or late) check in will show on this screen. If nothing appears, your child has checked into all classes at all required times

In the example above, on Wednesday 12 February this child did not check in to any of their scheduled classes.

However, on Thursday 13 February this child did not check in to Homeroom, but did check in to every other class.

Upon return to school

Information regarding a return to school will be communicated via the Principal. Upon return to school teachers will:

- check for completion of all required work including assessment tasks
- plan and coordinate necessary adjustments to the curriculum or assessments

IT Support

IT support will be available to staff and students in the event of hardware fault or software error. If you require support, please email helpdesk@crccs.vic.edu.au. If you are unable to access your MacBook please visit the college website for details on how to raise an ICT support request.