



Learning and Teaching Program Quick Guide 2020

STRUCTURE OF THE DAY AND THE CYCLE

Days 1-5

Homeroom 8:45am – 9:00am
Period 1 9:00am – 9:50am
Period 2 9:50am – 10:40am
Recess 10:40am – 11:05am
Period 3 11:05am – 11:55am
Period 4 11:55am – 12:25am
Lunch 12:25pm – 1:35pm
Period 5 1:35pm – 2:25pm
Period 6 2:25pm – 3:15pm

Days 6-10

Homeroom 8:45am – 9:00am
Period 1 9:00am – 9:50am
Period 2 9:50am – 10:40am
Recess 10:40am – 11:05am
Period 3 11:05am – 11:55am
Period 4 11:55am – 12:25am
Lunch 12:25pm – 1:35pm
Period 5 1:35pm – 2:25pm
Period 6 2:25pm – 3:15pm



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Year 7

Core Studies (Year Long)

Religious Education
 English/EAL
 English Skills
 Mathematics
 Mathematics Skills
 Health
 Physical Education
 Humanities
 Science
 Pastoral Care

Core Studies (Semester Long)

Languages: Italian
 Languages: Japanese
 Digital Technologies
 Food Technology
 Drama
 Music
 Visual Art
 Visual Communication Design

Year 7	Lessons per Cycle
Religious Education	5
English / EAL	9
English Skills	4
Mathematics	9
Mathematics Skills	4
Health	2
Physical Education	4
Humanities	6
Science	6
Pastoral Care	2
Language (Italian & Japanese)	5
Digital Technologies	4
Food Technology	4
Drama	4
Music	4
Visual Art	4
Visual Communication Design	4

Year 8

Core Studies (Year Long)

Religious Education
 English
 Mathematics
 Health
 Physical Education
 Humanities
 Science
 Languages: Italian or Languages: Japanese
 Pastoral Care

Core Studies (Semester Long)

Food Technology
 Materials Technologies
 Drama
 Music
 Visual Art
 Visual Communication Design

Year 8	Lessons per Cycle
Religious Education	5
English	9
Mathematics	9
Health	2
Physical Education	4
Humanities	6
Science	6
Language (Italian or Japanese)	5
Pastoral Care	2
Food Technology	4
Materials Technologies	4
Drama	4
Music	4
Visual Art	4
Visual Communication Design	4



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Year 9

Core Studies (Year Long)

Religious Education
English
Mathematics (Mainstream or Advanced)
Health
Physical Education
Humanities
Science
Pastoral Care
Year 9 Program

Elective Studies (Semester Long)

Students choose four of the following subjects to study as electives, with two being studied each Semester:

Science Technology Engineering & Maths (STEM):

- STEM: Aviation

English:

- POP Culture over time

Health and Physical Education:

- Sport Performance: Nutrition & Biomechanics
- Sport Performance: Tactics & Injury Management

Humanities:

- Money Management

Science:

- Science Inquiry – Forensic Science

Performing Arts:

- Dance
- Drama
- Music

Technology:

- Digital Technologies
- Fashion
- Food Technology
- Wood Work

Visual Arts:

- Digital Photography
- Media
- Visual Art
- Visual Communication and Design

Languages (Year Long):

- Italian



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Year 9	Lessons per cycle
Religious Education	4
English	9
Mathematics	9
Health	2
Physical Education	4
Humanities	6
Science	6
Pastoral Care	2
Year 9 Program	6
Elective One	6
Elective Two	6



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Year 10

Core Studies (Year Long)

Religious Education

English

Mathematics:

- Pre-General Mathematics
- Pre-Methods Mathematics
- Applied Mathematics
- VCE Mathematical Methods

Health

Physical Education

Humanities: At least one (and a maximum of three) semester-long units from

- Business and Economics
- Civics and Citizenship
- Geography
- History

Science: At least one (and a maximum of three) semester-long units from

- Biology: DNA, Genes & Inheritance
- Biology: Evolutionary & Environmental Science
- Chemistry
- Everyday Science
- Physics: Laws of Motion
- Physics: Mechatronics
- VCE Biology

Pastoral Care

Pathways

Students choose four of the following subjects to study as electives, with two being studied each Semester:

Science Technology Engineering & Maths (STEM):

- STEM: Experiments in Space

Health and Physical Education:

- Advanced Health & PE: Enhancing Health & Fitness
- Advanced Health & PE: Sport & Exercise Science
- Outdoor Education: Exploring Outdoor Experiences

Science:

- Behavioural Science

Performing Arts:

- Drama
- Dance
- Music

Technology:

- Digital Technologies
- Fashion
- Food Technology
- Wood Work

Visual Arts:

- Digital Photography
- Media
- Visual Art
- Visual Communication and Design

Languages (Year Long):

- Italian

Extension Studies: (Year-long subject to approval process)

- VCE Biology (Units 1 & 2)
- VCE Business Management (Units 1 & 2)
- VCE Health & Human Development (Units 1 & 2)
- VCE Mathematical Methods (Units 1 & 2)
- VCE Physical Education (Units 1 & 2)
- VCE Psychology (Units 1 & 2)

- VET Allied Health
- VET Baking (Food Processing)
- VET Beauty Services
- VET Business
- VET Community Services
- VET Dance
- VET Furnishing
- VET Horticulture
- VET Hospitality
- VET Interactive Digital Media & Tech (IT) VET
- Laboratory Skills
- VET Media (Game Design)
- VET Music Industry Performance
- VET Music Industry Sound Production
- VET Picture Framing
- VET Signage
- VET Sport & Recreation

Year 10	Lessons per cycle
Religious Education	6
English	9
Mathematics	9
Health	2
Physical Education	4
Humanities	6
Science	6
Pastoral Care	2
Pathways	4
Elective One	6
Elective Two	6

VCAL studies (Year Long):

Foundation Literacy
Foundation Numeracy
Personal Development Skills
VET Certificate II Creative Industries
Work Related Skills
VET Study at CRC Sydenham
Structured Work Placement

Elective Studies:

Students choose two of the Year 10 elective subjects to study, with one being studied each Semester:

VCAL	Lessons per cycle
Foundation Literacy	6
Foundation Numeracy	6
Personal Development Skills	6
Work Related Skills	6
VET Certificate II Creative Industries	6
Elective One	6
VET Study	12
Structured Work Placement	12