

# CATHOLIC REGIONAL COLLEGE CAROLINE SPRINGS

### **COLLEGE PSYCHOLOGIST**

Title	College Psychologist
Classification	Full-time, ongoing
Appointment	Commencing Term 4, 2022
Reports to	Principal and Deputy Principal Wellbeing
Conditions	Victorian Curriculum Education Multi Enterprise Agreement 2013

### **Purpose of the position**

As an integral member of the Wellbeing Leadership Team the role of the College Psychologist is to provide specific support and guidance to individual members of the Catholic Regional College Caroline Springs Community with an emphasis on student support.

### **Key Responsibilities**

- 1. Provide psychological counselling for a range of mental health, emotional and family issues. This involves:
  - Experience and competence with individual psychological therapy, including a range of evidence-based therapies (eg. ACT, CBT)
  - Familiarity and experience with evidence-based group programs for mental health issues and resilience building
  - o An understanding of when to appropriately refer to an external professional
  - o Developing links with external professionals and agencies and liaising with them
  - o Working and liaising with families.
- 2. Undertake assessment and intervention in all areas of child and adolescent development, including:
  - Intervention requiring analysis of multiple measures, other information and understanding of diagnostic criteria as set out in DSM-5
  - Psychological assessment of mental health issues involving clinical measures, clinical interview skills, and observation and information from other sources
  - Knowledge and understanding of mental health and developmental issues and their relationship to child and adolescent development
  - Comprehensive understanding of self-harm and risk assessments and appropriate responses.
- 3. Play a significant role in the development and delivery of evidence based interventions and wellbeing programs:
  - o Familiarity of evidence based programs
  - Willing to work collaboratively with staff members on the development of preventative programs
  - Working alongside key staff members in the strategic development and roll out of wellbeing programs.



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- Recognise trends emerging in the school community and plan coordinated proactive initiatives
- Collaborate with leading staff in policy writing
- Provide and facilitate professional learning and information for teaching staff and parents
- Consult with relevant staff regarding management of individuals, groups or events
- 4. Participate as a member of the College Staff:
  - Participate in the school community as required, within the limits of ethical boundaries
  - o Attend staff briefings, Wellbeing Leadership Team meetings and staff meetings
  - Participate in school events e.g. Parent Information Evenings, Parent Teacher Interviews, Sports carnivals, faith days and masses.
- 5. Collect, collate and maintain student information and records to meet legislative and school requirements, such as:
  - o Storing and maintenance of individual records, files and notes
  - Collection, collation and maintenance of practice related data, e.g. caseload, trends, presenting issues
  - Informing relevant staff of current referral issues and suggest strategies to manage these.
- 6. Assist the College and the organisation in their response to critical incidents and emergencies. This can require:
  - o Knowledge of current evidence on management of traumatic incidents
  - Participation in the development and review of school policies and plans for critical incident response
  - Assisting with school wide management of, and response to, critical incidents and emergencies.
- 7. Maintain professional competence and continued professional learning
  - o Familiarity with PsyBA mandated APS Code of Ethics and Guidelines
  - Continuing professional development
  - o Peer consultation and supervision.

### **Commitment to Child Safety**

- 1. Experience working with children
- 2. A demonstrated understanding of child safety
- 3. A demonstrated understanding of appropriate behaviours when engaging with children
- 4. Familiarity with legal obligations relating to child safety (e.g. mandatory reporting)
- 5. Be a suitable person to engage in child-connected work



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### **Qualifications/Registration:**

#### Essential:

- 1. Must be fully registered with the Australian Health Practitioners Registration Agency, Psychology Board of Australia
- 2. Working with Children Check and Current Police Check

#### Desirable:

- 1. Eligible for membership of the Australian Psychological Society
- 2. Eligible for membership of the College of Educational and Developmental Psychologists
- 3. Demonstrable understanding and experience in the area of Positive Psychology
- 4. Experience working in a school setting with adolescents.

### **Key Selection Criteria**

- A proven commitment to Catholic Education and faith development
- An understanding and acceptance of the College ethos of Live Fully Act Justly
- An excellent understanding of wellbeing issues pertaining to young people
- A proven commitment to supporting the wellbeing of students
- A knowledge of programs and agencies that support the wellbeing of students
- Sound leadership, organisational and administrative skills
- Highly developed interpersonal skills and the ability to liaise and communicate effectively with people at all levels and from varying backgrounds
- Ability to work collaboratively and facilitate dynamic teamwork
- A proven capacity to work independently and effectively in the face of changing priorities,
- Deadlines and pressures
- A genuine love of learning and working with young people
- A commitment to ongoing professional development within the area of student wellbeing