



17 May 2019

Prayer

May – Month of Mary

Mary, my Mother,
Live in me, act in me,
Speak in and through me,
Think your thoughts in my mind,
Love through my heart,
Give me your dispositions and feelings.
Teach, lead, and guide me to Jesus.
Correct, enlighten, and expand my thoughts and
behavior.
Possess my soul.
Take over my entire personality and life,
Replace it with yourself,
Incline me to constant adoration and thanksgiving.
Pray in me and through me,
Let me live in you, and keep me in this union always.

Prayer by St John Paul II

Principal

May – The Month of Mary, Mother’s Day and Domestic and Family Violence Prevention Month



Over the last week, I have been privileged to watch our students at various College events honour their mums. On Friday we held our first Mothers’ Day Mass, followed by Breakfast in the new cafeteria. It was so pleasing to have so many mothers and grandmothers attend with their children and grandchildren and

hear the appreciation of the mums around how these events had meaning.

May is traditionally dedicated in a special way to honoring Mary as the Mother of God and Mother of the Church. By our devotion to Mary, we acknowledge how our relationships with women enrich our lives and how we are drawn closer to God through the example of Mary. We give thanks to our grandmothers, mothers, sisters, colleagues and women friends for the special way they bring the virtues of Mary into our world. Mary is the Mother of the Church and therefore the example and inspiration to us all about the way to Jesus.

Mother’s Day and our devotion to Mary also calls us to consider the injustices perpetrated against women in our world. The month of May is also Domestic and Family Violence Awareness. Domestic and Family Violence Prevention Month is an annual event held each May to raise community awareness of the social and personal impacts of domestic and family violence and the support available for those affected.

Our schools play an important role in the prevention of social problems such as domestic and family violence. As a Catholic school, we want to form active citizens for whom the morality and the long-term impact of their actions, is a major consideration.

We want to produce young adults for whom virtues like love, compassion and justice are not just good manners, but are lifelong values. Knowledge by itself is not enough; proper human formation demands that the acquisition of knowledge be joined to the teachings of the Catholic Church and of developing good values and character.

In the context of Mother’s Day and the month of Mary, we at CRC Caroline Springs, want to produce good young men and women who are not only good husbands and wives, sons and daughters, fathers and mothers but who are also prepared to take a stand against social problems like domestic violence.

Mother’s Day Mass and Breakfast

On Friday May 10 the Parents and Friends Association held their the inaugural Mothers’ Day Mass and Breakfast. It was pleasing to have so many mothers and grandmothers attend

with their children and grandchildren. There were over 100 people in attendance and all enjoyed a wide selection of breakfast foods and warm drinks. I would like to thank all members of the Parents and Friends Association for organising the event and the various staff members who assisted them. I would also like to thank Father Richard Rosse from St. Catherine of Siena Parish for celebrating Mass with staff, students, parents and parishioners.



Student Free Day, Friday 31 May

Please note that Friday 31 May will be a staff Professional Learning Day and CRC Federation Anniversary Mass. Please place this student free day date into in your calendars.

Queen's Birthday Public Holiday

Please note that Monday 10 June is the Queen's Birthday public holiday. Students will return to school on Tuesday 11 June. Please place this return to school date in your calendars.

Jamie Madigan
Principal

Mission and Faith Leader

Recently, Pope Francis signed his most recent Apostolic Exhortation (a means of communication written by the pope), *Christus Vivit - Christ is Alive*. This document is addressed to young people and to the entire people of God. It is particularly important as it is a response to the recent Synod on Young People held in October 2018 where priests, bishops, archbishops, cardinals, the religious, young men and women participated in a series of discussions.

"My words will echo the myriad voices of believers the world over who made their opinions known to the Synod."

The document is divided into 9 chapters and although lengthy it is a fairly easy read. Being a Catholic college, that is concerned with educating the youth and as parents/carers of youth I believe this is an extremely important document to explore. I will look at it in two parts, the first being in this edition of the newsletter.

Pope Francis begins the document declaring that 'Christ is alive and wants you (the youth) to be alive!' Christ is not a model from the distant past but is present in every moment of our lives.

He then explores what scripture has to say about young people, sighting various examples of how the word of God exults the young and how both the Old and New testament speak about youthfulness as something positive, not to be treated with discouragement. 'Let us keep in mind that Jesus had no use for adults who looked down on the young or lorded it over them. On the contrary he insisted that "the greatest among you must become like the youngest"' (Lk 22:26)

Pope Francis emphasizes the importance of needing to make more room in the Church for the young people to be heard in order to preach the Gospel that can 'touch the heart truly, decisively and fruitfully.'

Francis recognises many factors which have led to the disengagement of youth from a church that 'leaves no room for questions, loses her youth and turns into a museum'.

"Sexual and financial scandals; a clergy ill prepared to engage in the sensitivities of the young; lack of care in homily preparation and the presentation of the word of God; passive role assigned to the young within the Christian community; the Church's difficulty in explaining her doctrine and ethical positions to contemporary society."

Pope Francis draws on the examples of young saints who demonstrate what the young are capable of when they open themselves up to Christ. Saint Sebastian, Saint Francis of Assisi, Saint Joan of Arc, Blessed Andrew Phu Yen, Saint Dominic Savio, Saint Therese of the Child Jesus, Blessed Ceferino Namuncura, Blessed Isidore Bakanja, Blessed Pier Georgio Frassati and Blessed Chiara Badano are all great examples.

Year 10 Retreat Day

On Tuesday 23 and Friday 26 April our Year 10 Students participated in their Retreat Day, was held at St Anne's Parish Hall and Church, Sunbury. The aim of the retreat was to allow students the opportunity to reflect on questions such as who they are? What obstacles prevent them from being happy? And how they can have a relationship with God. This was done through small group discussion, video, games, prayer and sharing of Zac Parnell's testimony of faith (a member of Net Ministries). The day ended with the opportunity to draw closer to God through Adoration led by Fr Patrick and the Sacrament of Reconciliation. Many students expressed their gratefulness in allowing them the opportunity for deep reflection in their faith journey.

Year 9 Retreat Day Reflection

At the end of last term Year 9 students participated in their Reflection Day with Chris Doyle from Karis Ministries. Chris is an inspirational man with a great sense of humour. There was much anticipation as to what to expect of the day, however as soon as he began, the students knew they were in for a good day! The use of humour and singing easily engaged the cohort. We were given the opportunity to focus on how blessed we are and how beautiful the gift of life is and the purpose we have to live in right relationship with God and others. Throughout the day we were prompted with many questions that got us thinking about our lives and how we were living them. At the end of the day we had some time to reflect in prayer through liturgy at St Catherine of Siena Church. We focused on a commitment to strengthening our relationship with God in order to become more 'Christ like' in our every day lives.

Janine S 9MK

Senior Seminar Day - What is the Spirit Asking of You?

Last Friday a group of Year 10 students, Mrs Binks and Ms Martin attended a senior seminar day - 'What is the Spirit Asking of You?' at Avila College, along with other Catholic schools. The day included many guest speakers such as Matt Fradd, Gen Bryant, Fr Nicholas Pearce and Sr Maria Joy OP. Each of these speakers spoke about their conversion and attraction to the Catholic faith and how their faith impacted positively on their lives. Matt Fradd explained to us how he began to believe in God which encouraged us as senior students to also deeply reflect about our faith. His talk enabled us to be more connected with the Lord. We also heard from Gen Bryant a gifted musician who encouraged us to always try Your best with the gifts we have received from God which is what our College Pillar of Stewardship entails.

Many of the speakers throughout the day recognised the struggles young people face today and reminded us that we are always able to turn to God. Most of the speakers had attended events such as World Youth Day or Youth events that occur every couple of years, which helped to strengthen their spirituality and faith in God. We were also introduced to an event called ACYF (Australian Catholic Youth Festival) that is happening in December in Perth in which we hope to send students from our College. ACYF goes for three days with music concerts, talks, praise and worship as it will be an experience to attend. Overall the day went really well and we learnt a lot about our faith and how we can grow into young adults whilst continuing to strengthen our love for God.

Lance M 10CO & Rhea S 10LI

Year 10 Year Level Mass

An invitation to Year 10 Parent/Carers. The Eucharist is at the heart of the faith life of our College community. As part of our student formation in faith, all year levels have the opportunity to participate in the Eucharist during the year. Our Year 10 students will have the opportunity to celebrate Mass.

Location: St Catherine of Sienna, Parish

Date: Thursday 13 June

Time: 11:55am – 12:45pm

This is a wonderful opportunity to gather as a community and participate in the Eucharist together.

Friday 8am Mass – St Catherine of Siena Parish Church



BEGIN THE DAY WITH
CHRIST

**8am every
Friday of School Term**

**St Catherine of Siena Parish
Caroline Springs**

**FAMILIES, STUDENTS, STAFF &
PARISHIONERS ARE ALL WELCOME**

Friday 8am Mass – St Catherine of Siena Parish Church

NAPLAN

Information for Parents/Carers of Year 7 & Year 9 Students

What impact will the results have on my child's future?

NAPLAN results provide important information about literacy and numeracy skills that your child is learning through their regular school curriculum. The results complement the assessments your child does at school. They provide you and your child's teachers with an understanding of your child's achievement and progress at the time of the assessments. The information can be used to support your child to reach their full potential.

Some schools may ask for NAPLAN reports, in addition to school reports, as part of their admissions process. NAPLAN assessments are not designed to be a school admission test. However, results may be useful for informing new schools of student needs. If you have any concerns, please feel free to contact the College.

To find out more about NAPLAN results and reports, please visit the NAPLAN website

<https://www.nap.edu.au/results-and-reports>

Refugee Education Support Program (RESP)

The College has been involved in a collegiate network of schools and agencies as a member of the **Refugee Education Support Program (RESP)**.

RESP is a partnership, funded by the department of Education and Training, between the Centre for Multicultural Youth (CMY) and Foundation House, and delivered in collaboration with the Catholic Education Commission of Victoria and Independent Schools Victoria. The program aims to have a positive impact on the educational and wellbeing concerns of young people from refugee backgrounds.

A staff team has participated in cluster meetings within the community, with a focus on strengthening the learning, engagement and wellbeing of our students and families.

As a result of the College's commitment to RESP, a funded partnership with the Edmund Rice Foundation has been secured and the partnership is focused on supporting the refugee status families within the College.

The partnership will offer four afternoon workshops during Term 2. The workshops have been focused on cooking, sport and art activities, with the final workshop involving a shared family meal.

RESP certainly acknowledges the College's commitment to **the Live Fully and Act Justly motto**.

For further information contact the RESP team at the College.

Team members:

- **Linda Bracco** – lbracco@crccs.catholic.edu.au
- **Anne Crockford** – acrockford@crccs.catholic.edu.au
- **Tuyet Duong** – tduong@crccs.catholic.edu.au
- **Matilda Mattar** – mmattar@crccs.catholic.edu.au
- **Kiera McNally** – kmcally@crccs.catholic.edu.au
- **Dawn Rodgers** – drodgers@crccs.catholic.edu.au
- **Georgia Seymour** – gseymour@crccs.catholic.edu.au

Social Justice

Over 105,000 Australians experience homelessness each night and a quarter of these are young people under the age of 18. On the 24 May, 34 students from CRCCS will be attending the first annual Winter Sleepout at the college as an act of solidarity for the homeless population of Australia. These students will have the chance to listen to representatives from St Vincent de Paul and experience what it's like to sleep rough first-hand. These fantastic students will spend the night raising awareness and gaining a deeper sense of appreciation for the experiences that many people in Australia face. This fantastic initiative has come from the Social Justice Team and has been organised in part thanks to it's fantastic members. The St Vincent de Paul Society is an important Catholic charity that is hard at work to break the cycle of homelessness.

Ms Sophie Martin

Year 7 Premier League – Girls Soccer

On Wednesday 1 May, our girls played our first soccer game against Emmanuel College and we are very proud to say that we won 8-1.

The team gelled so quickly and we worked very well together to produce those eight goals. Everyone played their very best and gave it their all! The defenders were awesome at tackling and always stayed in their defence line, pushing up and running back. All the midfielders did a great job of constantly running up and down to support the defenders and strikers as a team. And the strikers took every opportunity to try and get that ball in the back of the net. Really well done girls! As captains we couldn't be prouder! We played the formation of a 4,4,2.

Striker: Jessica/Layla

Striker: Daniella

Left wing: Maja/Amelia

Centre mid: Georgia M

Centre mid: Georgia T

Right wing: Tayla

Left back: Santana

Centre back: Gabriella

Centre back: Angelica

Right back: Hermone

Goalkeeper: Athiang/Eniola

Awesome job to the girls who scored. Keep it up!

Daniella: Four goals

Georgia M: Two goals

Tayla: One goal

Maja: One goal

Also, huge shout out to our coach Ms Azzopardi. She chose a great formation that worked really well for our team. She was always on the sideline cheering us on for every move we made. Thank you Ms Azzopardi you are great coach and great asset to our team. We can't wait for what the rest of the season brings us!

**Georgia T and Georgia M
Captains**



Girls Soccer

SACCSS Cross Country

The annual SACCSS Cross Country Carnival was held at Brimbank Park on Tuesday 7 May. Thankfully we were blessed with a clear sunny day and a bunch of eager students eager to test themselves against the students from the other schools in the SACCSS Association. Students competed across distances of 3 or 4 kilometres with both courses having tough uphill sections at the end.

Our students competed well across the day and should all be congratulated for their efforts.

Special congratulations to Olivia G 8 Bunjil finishing 3rd in the 14 year old girls event and Jonathan A 7 Bunjil finishing 4th in the 13 year old boys event.

Thank you to all that competed on the day, we look forward to the competition again in 2020.

Students who competed on the day

Year 10

Anastasia T
Bethany G
Edie P
Eliyah D
Ethan C
Kayla M
Liam A
Liam L
Luca T
Max H
Sebastian M
Simon M
Teagan W
Tom D
Zac F

Year 9

Alannah D
Amaya P
Anton B
Chelsea A
Ebony M
Gabriel P
Joshua C
Megan M
Trinity C

Year 8

Dominic B
Ivana C
Joshua A
Kimberly G
Luis P
Mammy K
Olivia G
Sara K

Year 7

Adut N
Charles C
Christian C
Drea P
Dylan M
Ivanka P
Jonathan A
Katherine S
Layla St
Luke P
Marcus P

Olivia B
Scarlett S
Tarelle S
Taylor R
Tyler G



Health and Physical Education

During Term 1, we invited students to participate in Premiers Active April, the aim being to help our community enjoy the health benefits gained through increasing participation in physical activity. We also promoted the campaign, This Girl Can, a VicHealth initiative encouraging girls to be active and realise their full potential, *celebrating women who are all kinds of active, giving their all.*

Young people aged between 13 and 17 years should accumulate at least 60 minutes of moderate to vigorous intensity of physical activity every day, including a variety of aerobic activities, as well as activities that strengthen muscles and bones. Active April was a reminder of this, offering tips and strategies to increase our participation in physical activity.

Following on from *30 Days of Active April*, we are now challenged to turn 30 Days into 30 Minutes a Day. Walk, run, ride, swim, take a yoga class. For activity tips, nutrition, workouts and events, we encourage you to browse the official website:

<https://www.activeapril.vic.gov.au/news/turn-30-days-into-30-minutes-a-day/>

To help you incorporate physical activity into your life without affecting your work, it's also worth considering taking advantage of the free Life! Program. For details on this program, refer to

<https://www.lifeprogram.org.au/>

The Australian National and Physical Activity and Sedentary Guidelines also recommend limiting screen time to less than two hours per day (not including screen time for educational use). For details on tips to reduce screen time, see

So, get on board and challenge yourself and your family to participate in 30 minutes of vigorous exercise every day to improve your health. Encourage your children to participate in the variety of activities we offer here at Catholic Regional College Caroline Springs, including Run Club Tuesday and Thursday mornings from 7:45am, Table Tennis Friday lunchtime in the gym, the Basketball Competition being held at lunchtime from the 13th to the 17th May, and free activities run every day at lunchtime on the oval, soccer pitch and basketball courts! **Let's work together to reduce screen time and increase physical activity time!**



Helen Beynon
Learning Area Leader – Health and Physical Education

Inter-School Chess Tournament

On Tuesday 7 May, ten students represented our College in an inter-school Chess tournament which was held at Penleigh and Essendon Grammar. In total, one hundred students from Years 7-10, from seven different schools, competed in this tournament. Each student played seven half hour games and all of our students ended up with pleasing results. The students received achievement certificates and several were the recipients of spot prizes. A special mention to Christian Lopez who has qualified for the Northern Star Chess State Championships.

Congratulations to the following students:

Noah M, Yohance E, Logan A, Ethan M, Ben J, Christian L, Benjamin S, Lucas M, Harry W and Jacob D.



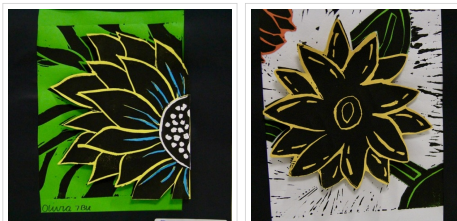
Year 7 Lino Prints

I am proud to exhibit the Van Gogh inspired lino prints on the Art room wall that display the fabulous efforts of my Year 7 Art classes.

All students spent quite a few classes carving, printing and reassembling their designs.

Congratulations to them all.

Ms Debbie Cooper
Art teacher



CRC Sydenham Production: Les Miserables

What a wonderful start to using our Performing Arts Centre! Sydenham CRC have been busily rehearsing their current production in the lead up to the shows this weekend. I can thoroughly recommend you buy a ticket and come to “hear the people sing”. The cast boasts several of our past students (Year 11 and 12) in the lead roles and Eliza Soriano (current Year 10 student) in a minor role.

Tickets are on sale with performances this Friday and Saturday. Find the link here:

<https://www.eventbrite.com.au/e/catholic-regional-college-sydenham-presents-les-miserables-tickets-57457734631>

We hope to see you in our new PAC.



CRC Sydenham front page article in Star Weekly

Sacred Music Concert

On Thursday the 9 May, 27 Catholic Regional College Caroline Springs students participated in the Sacred Music concert held at Caroline Chisholm Catholic College. The students worked hard over the last few months to learn a repertoire of songs that were performed alongside four other Catholic secondary schools. Our students were also able to perform two items of our choice. The College Choir sang *Break Every Chain* arranged and taught by our Choir Conductor; Lorraine Salvador. Acapella Choir sang *O Happy Day* arranged and taught by Instrumental Teacher Ms. Caitlin Holdcroft.

The students who participated were:

- Aethan A 10 CO
- Alexandra W 8 KO
- Bella P 10KU
- Danielle L 10 KO
- Dijana R 10 BA
- Eliza S 10 BA
- Ella K 10 WO

Georgia H 10 WO
Isabella L 10 BU
Janine S 9 MK
Jessica L 10 LI
Joshua S9
Katrina R 10 KO
Kristina I 8KU
Lance M 10 CO
Laura C 10 WO
Leah W 10 BU
Livinia B 8 BA
Madi S 10WO
Olivia H 8 WO
Renita B 8 CO
Rhea S 10 LI
Sarah R 7 KO
Sienna P 7MK
Talia P 9 KO
Teresa S 9 CO
Thomas C 8LI
Tyler V 10 CO

Enrolment for 2021 Year 7

Enrolment applications for 2021 Year 7 are now open. You can download the application form from our website. Applications close Friday 23 August 2019.

Parents who have children attending the College that have siblings in Year 5 will still need to complete an enrolment form.

School Privacy Policy

Catholic Regional College Caroline Springs has recently revised and updated its privacy policy. The updated policy can be accessed from the school's website. Alternatively, you may request a copy from the school office.

<http://www.crcs.catholic.edu.au/school-community/66/p/privacy-policy---standard-collection-notice/>

Library

Hours of opening

The library is open

From 8:00 until 4:15 Monday – Thursday

From 8:00 until 3:40 on Fridays

Recess is for borrowing books and photocopying or printing only.

**Please note that there is an expectation that students will be productively occupied when using the library before or after school.*

Loans

Students may borrow up to three books at any time for a loan period of three weeks. Books may be renewed if so desired.

Overdue books

Students are asked to be considerate of others and return items as soon as they are finished with them. If students have overdue books, they should be returned or renewed before any new items are borrowed. Students will receive regular reminders when their books are overdue via a message on SEQTA. At the end of each semester, parents will be notified of outstanding loans.

Lost/damaged books

Students should speak to a library staff member if they have damaged a book or if they think it is lost. Each incident will be assessed individually, but generally, payment will be requested for books that are lost or damaged, so that replacement copies may be purchased.

Photocopier/ printer

Students are credited with \$5 at the start of every term towards their photocopying or printing requirements. Credit amounts may be topped up if necessary by paying at reception.

Accounts Department

Camps, Sports and Excursion Fund (CSEF)

The Camps, Sports and Excursions Fund (CSEF) provides payments for eligible students to attend activities like:

- school camps or trips
- swimming and school-organised sport programs
- outdoor education programs
- excursions and incursions.

Applications for 2019 are now open and will close on 21 June 2019 (end of Term 2)

Who can apply

Families holding a valid means-tested concession card, or temporary foster parents are eligible to apply.

To be eligible for CSEF payment your health care card must be valid from 29 January 2019

Please download a CSEF application form or obtain a form from Reception and return to the College along with a copy of your valid health care card.

College Uniform

Academy Uniforms - Catholic Regional College Sydenham

Address: 380 Sydenham Rd Place, Sydenham

Monday 2:30pm – 4:30pm

Thursday 8:00am – 10:00am

Saturday 9:00am – 12:00pm

To order uniform online

<https://www.academyuniforms.com.au/login.php>

Username: CRC Caroline Springs

Password: caroline springs